



DIRECT CAREGIVERS' CONFERENCE

HEALTH AND WELLNESS FOR CAREGIVERS
and
THOSE THEY SERVE

February 10, 2012

Who should attend:

Professional and family caregivers who provide hands-on long term care at home or on behalf of the following types of facilities:

- Assisted living
- Skilled nursing
- Home health and hospice
- Adult family homes
- Community based residential
- Supportive homecare

Co-Sponsored by:

Aspirus VNA Home Health

Grace Lodge Assisted Living
& Cumberland Heights

Milestone Senior Living

Northern Highland AHEC



MINISTRY HOME CARE



RHINELANDER FAMILY
DENTISTRY, S.C.
DANIEL P. GREMBAN, D.D.S.
& ASSOCIATES
New Patients Welcome

golden
living centers

alzheimer's  association®



Services for Seniors



NICOLET COLLEGE
WORKFORCE
& ECONOMIC
development



Hosted by the Northern Wisconsin Long Term Care Workforce Network
and
Nicolet College

About Our PRESENTERS...

Connie DeBels is the Bereavement Coordinator for Ministry Hospice Services. In her role, she assists family members and loved ones of deceased hospice patients and community members from the Ministry Hospice offices in Woodruff and Rhinelander. Connie holds a bachelor of science degree in education and is a licensed social worker. She has been working for Ministry Hospice for the past five years and for Ministry Health Care for nearly 12 years.

Daniel Gremban, DDS was born in Land O' Lakes. Aside from a stint at the University of Wisconsin-Eau Claire and dental school at Marquette University, he has been a part of the northern Wisconsin community his entire life. An avid walleye fisherman and dedicated bow hunter, he enjoys being outdoors whenever he can.

Dr. Gremban is a firm believer that learning does not end when one gets his diploma. He is dedicated to staying current in his profession and attends continuing education classes every year. He has completed the core curriculum at the Las Vegas Institute for Advanced Dental Studies, Dr. Jay Gerber's Orthodontic Studies curriculum, Dr. Michael Pikos' curriculum on implant placement and bone grafting, along with a large variety of other courses related to implant dentistry and reconstructive dentistry. He has recently become a certified provider for Invisalign clear braces. He is a current member of the Wisconsin Dental Association, the American Dental Association, and the Academy of Cosmetic Dentistry.

Christopher Koepl, MD is certified by the American Board of Internal Medicine and is a member of the American Medical Association, American College of Physicians, Wisconsin Medical Society, and the Oneida-Vilas County Medical Society. He earned his medical degree from the University of North Carolina and completed his residency at the University of Iowa Hospitals, Iowa City, Iowa. Currently, Dr. Koepl is engaged in a full-time practice of Internal Medicine with additional medical services provided through Ministry Medical Group in Crandon. He provides medical care to nursing home residents at Taylor Park and Friendly Village in Rhinelander and AGI Healthcare in Crandon. Accomplishments include the design of a physician-led, integrated, health care delivery system for Northern Wisconsin and the development of an interdisciplinary Memory Diagnostic Center for the early identification of Alzheimer's disease.

Molly Rose Teuke is a success breakthrough coach certified in brain-based coaching by the global NeuroLeadership Group. Molly owns her own coaching and consulting business and is a sought-after presenter on the anatomy of insight, inspiration, and motivation. In November, she served as official scribe for the NeuroLeadership Summit, an international gathering of researchers and thinkers on the cutting edge of brain science. Using recent findings from the field of neuroscience, Molly helps us change the way we think and achieve personal and professional success.



CONFERENCE AGENDA

Friday, February 10
Nicolet College—Rhinelanders Campus
Northwoods Center

7:45-8:00: Check in

8:00-8:15: Welcome - Elizabeth Burmaster, President, Nicolet College

8:15-9:15: Keynote Address - Molly Rose Teuke, *A Beginner's Guide to Getting your Brain on Your Side*

Objectives:

- Gain a new understanding about how the brain works, based on recent findings from neuroscience
- Develop skills for overcoming and helping others to overcome the brain's natural resistance to doing things we really want to do
- Understand how the brain drives the development of human relationships; learn the most common triggers that lead us to 'open up' or 'shut down' in relationships—and how to manage them

9:30-10:30: *What's my toothbrush got to do with it?* Daniel P Gremban, DDS, Rhinelanders Family Dentistry

Objectives:

- Open wide - explore the anatomy and characteristics of a healthy mouth
- Understand common oral health issues related to vulnerable older adults and persons with disabilities
- Develop skills to protect the oral health of vulnerable older adults and persons with disabilities
- Examine the correlation between oral health and overall health

10:45-11:45: *Coping with Grief and Loss*, Connie DeBels, Bereavement Coordinator, Ministry Hospice Services

Objectives:

- Understand the grief process
- Recognize your need as a caregiver to grieve
- Utilize coping strategies for dealing with grief and loss

Noon - 1:00: Awards Ceremony and Luncheon

1:00-2:00: *Ageing, Cognitive Impairment, and Dementia: Understanding the Changes*, Christopher G. Koepl, MD, Ministry Medical Group

Objectives:

- Understand the nuances between mild cognitive impairment and dementia
- Learn to respond appropriately to fluctuations in cognitive functioning in persons with disabilities or dementia
- Practice tips and techniques to boost memory and creativity

2:15: Closing Remarks and Conference Evaluations

Caregivers make a
Difference every day

Conference registration includes:

Registration fee, breakfast, luncheon, conference favors, presentation materials, and a certificate of course completion valid for 4.5 hours of continuing education credit.



PLEASE PRINT. ALL REQUESTED INFORMATION IS REQUIRED FOR ENROLLMENT.

Office Use Only

First Name _____ MI _____ Last Name _____ Social Security # or Nicolet Student ID # _____
 Home Mailing Address _____ City _____ State _____ Zip _____
 Phone: Home _____ Phone: Cell Work _____ County of Residence _____ Municipality of Residence _____ Date of Birth ____/____/____
 (Township/Village/City)
 Gender: Male Female Email Address: _____

THE FOLLOWING INFORMATION IS FOR STATE REPORTING PURPOSES. INFORMATION PROVIDED WILL NOT INFLUENCE COURSE ADMISSION.

Ethnicity: Are you Hispanic or Latino (regardless of race)? Yes No
 Race: (Check all that apply) American Indian or Alaska Native Asian Black or African American Native Hawaiian or other Pacific Islander White
 Highest Educational Grade/Level Completed: 9 10 11 12 (includes GED/HSED) 13 14 15 16 (Bachelor's Degree) 16+

Class Title	Class Number	Dates	Day(s)	Time	Location	Fee/Sr. Fee*
Direct Caregivers' Conference Early Bird Registration Extended to January 20, 2012	60837	2/10/12	F	8:00-2:30	Northwoods Center	\$59 (\$42.22)
Direct Caregivers' Conference Jan. 21, 2012—Feb. 10, 2012	60873	2/10/12	F	8:00-2:30	Northwoods Center	\$64 (\$47.22)
FEES ARE DUE WITH REGISTRATION *Fees for person age 62+ are available for Continuing Education Classes only						TOTAL FEES:

PAYMENT METHOD: Check/Money Order (Payable to Nicolet College) Master Card Visa Discover
 Card Account Number: _____ - _____ - _____ - _____ Verification Code: _____ - _____ (from signature line on back of credit card)
 Expiration Date: ____/____/____ Cardholder Signature: _____
 (Required for credit card use)

For more information:
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 Minocqua: 715.356.6753 or 800.585.9304

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